



GLOBAL SIKH COUNCIL
VOICE OF SIKHS WORLDWIDE

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International Voice of The Sikhs

24 March 2020

UK Charity Registration Number 1186311

Dear Members

Waheguru ji ka Khalsa
Waheguru ji ki Fateh

We are sorry that we could not meet in Uganda and had to cancel our Conference / AGM because of the Coronavirus pandemic. Please do make an extra effort to keep safe. The advice in almost all countries is to stay at home, don't go out unless really necessary. This is the way to stop the virus spreading. Please follow the directions and advice given to you from your respective health authorities and keep safe. Remember you all are very precious members of the GSC.

It is an opportunity to devote time with families in reading the Guru Granth Sahib and understanding the meaning of the Gurbani. We are fortunate that we can download Gurbani from the Internet, with Google providing meaning in different languages. We can use our enforced isolation to spend time with children discussing Gurbani and Sikh history. Focusing on the teachings of the Gurus will help to carry us through these difficult times.

There is a lot of sensible advice around on the importance of personal hygiene, particularly thorough washing of hands for 20 seconds (the time it takes to recite the Mool Mantar twice). We also must remember the importance of social distancing. Here in UK the law forbids any gathering of more than two people.

This requires the temporary stopping routine gurdwara functions and the preparation and distribution of langar. As many of us live in extended families, there is a danger that if someone picks up the virus, it can be spread to different generations within the same family.

We stay in Chardi Kala while wishing for sarbat the bhalla. We thank doctors, nurses and other health workers for being in the front line to fight this virus. May Waheguru bless them all with good health to enable them to carry out their vital task of keeping us all safe and healthy.

Warm regards

Lady Singh
President GSC

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